

Thomson scattering regained

$$\vec{E}_{inc}(\vec{x}, t) = \hat{\epsilon}_0 \epsilon_0 e^{i\vec{k}_0 \cdot \vec{x} - i\omega t}$$

$$m\vec{a} = -e\vec{E}_{inc}$$

$$\vec{a} = \frac{d^2 \vec{x}}{dt^2}$$

(for the electron)  
 $q = -e$

$$\vec{x}(t) = \frac{\hat{\epsilon}_0 e \epsilon_0}{\omega^2 m} e^{i\vec{k} \cdot \vec{x} - i\omega t}$$

$$\vec{p}(t) = -e\vec{x}(t) = -\frac{\hat{\epsilon}_0 e^2}{\omega^2 m} e^{i\vec{k} \cdot \vec{x} - i\omega t}$$

$$\vec{p}(t) = \vec{p} e^{-i\omega t}$$

Hence,

$$\frac{d\sigma}{d\Omega} = \frac{k^4 |\hat{\epsilon}^* \cdot \vec{p}|^2}{|\epsilon_0|^2} = \frac{k^4 e^4}{m^2 \omega^4} |\hat{\epsilon}^* \cdot \hat{\epsilon}_0|^2$$

$$\omega = kc$$

$$\frac{d\sigma}{d\Omega} = \left(\frac{e^2}{mc^2}\right)^2 |\hat{\epsilon}^* \cdot \hat{\epsilon}_0|^2$$

reproducing Thomson's cross section.

## Applications

① Scattering by a small dielectric sphere of radius  $a$   
 $\uparrow a \ll \lambda$   $\nwarrow$  with dielectric constant  $\epsilon$

Recall that

$$\phi(r, \theta, \phi) = \begin{cases} -\frac{3}{2+\epsilon} E_0 r \cos \theta, & r < a \\ -E_0 r \cos \theta + \left(\frac{\epsilon-1}{\epsilon+2}\right) E_0 \frac{a^3}{r^2} \cos \theta, & r > a \end{cases}$$

Outside the sphere, there is an induced electric dipole moment

$$\vec{p} = \left(\frac{\epsilon-1}{\epsilon+2}\right) a^3 E_0$$

For the scattering problem,

$$\vec{p} = \left( \frac{\epsilon-1}{\epsilon+2} \right) a^3 \vec{E}_{inc}$$

$$\vec{m} = 0$$

$$\frac{d\sigma}{d\Omega} = k^4 a^6 \left| \frac{\epsilon-1}{\epsilon+2} \right|^2 |\hat{E}^* \cdot \hat{E}_0|^2$$

Unpolarized cross section

average over initial polarizations

sum over final polarizations

$$\left( \frac{d\sigma}{d\Omega} \right)_{unpol} = \frac{1}{2} k^4 a^6 \left| \frac{\epsilon-1}{\epsilon+2} \right|^2 (1 + \cos^2 \theta)$$

$$\sigma = \frac{8\pi}{3} k^4 a^6 \left| \frac{\epsilon-1}{\epsilon+2} \right|^2$$

If you measure the final state polarizations,

then

$$\frac{d\sigma_{\lambda}}{d\Omega} = \frac{1}{2} k^4 a^6 \left| \frac{\epsilon-1}{\epsilon+2} \right|^2 \sum_{\lambda_0} |\hat{E}^{(\lambda)*} \cdot \hat{E}_0^{(\lambda_0)}|^2$$

$\lambda = 1, 2$

$\lambda = 1$  in the plane containing  $\hat{n}_0, \hat{n}$

$\lambda = 2$  in the plane  $\perp$  to the above plane

# Polarization asymmetry

$$P \equiv \frac{\frac{d\sigma_{\perp}}{d\Omega} - \frac{d\sigma_{\parallel}}{d\Omega}}{\frac{d\sigma_{\perp}}{d\Omega} + \frac{d\sigma_{\parallel}}{d\Omega}} = \frac{\sin^2 \theta}{1 + \cos^2 \theta}$$

not power

② Scattering by a perfectly conducting sphere of radius  $a$  ( $a \ll \lambda$ )

$$\phi(r) = \begin{cases} -E_0 \left( r - \frac{a^3}{r^2} \right) \cos \theta, & r > a \\ 0, & r < a \end{cases}$$

$$\vec{p} = a^3 \vec{E}_{inc}$$

$$\vec{m} = -\frac{a^3}{2} \vec{B}_{inc}$$

Proof: Magnetostatics problem. No  $\vec{J}$ .  $\vec{\nabla} \times \vec{B} = 0$

$$\vec{B} = -\vec{\nabla} \Phi_m$$

$$\vec{\nabla} \cdot \vec{B} = 0 \implies \vec{\nabla}^2 \Phi_m = 0$$

boundary conditions

$$\text{at } r = \infty \quad \vec{B} = B_0 \hat{z}$$

$$\Rightarrow \Phi_m = -B_0 r \cos \theta$$

$$\text{at } r = a \text{ (surface)}, \quad \vec{B} \cdot \hat{n}_0 = 0$$

$$\Rightarrow \frac{\partial \Phi_m}{\partial r} = 0 \text{ at } r = a$$

$$\Phi_m(r) = -B_0 r \cos \theta + \frac{A}{r^2} \cos \theta$$

$$\text{Applying boundary condition at } r = a: \quad \left( \frac{\partial \Phi_m}{\partial r} \right)_{r=a} = 0.$$

$$\Rightarrow A = -\frac{B_0 a^3}{2}$$

$$\vec{B}_{\text{inc}} = \hat{n}_0 \times \vec{E}_{\text{inc}}$$

$$\frac{d\sigma}{d\Omega} = k^4 a^6 \left| \hat{\epsilon}^* \cdot \hat{\epsilon}_0 - \frac{1}{2} \underbrace{(\hat{n} \times \hat{\epsilon}^*) \cdot (\hat{n}_0 \times \hat{\epsilon}_0)}_{(\hat{n} \cdot \hat{n}_0)(\hat{\epsilon}^* \cdot \hat{\epsilon}_0) - (\hat{n} \cdot \hat{\epsilon}_0)(\hat{n}_0 \cdot \hat{\epsilon}^*)} \right|^2$$

$$\left( \frac{d\sigma}{d\Omega} \right)_{\text{unpol}} = k^4 a^6 \left[ \frac{5}{8} (1 + \cos^2 \theta) - \cos \theta \right]$$

Polarization asymmetry

$$P = \frac{3 \sin^2 \theta}{5(1 + \cos^2 \theta) - 8 \cos \theta}$$

$\frac{d\sigma}{d\Omega}$  exhibits a strong peak at  $\Theta = \pi$   
(backwards direction)

due to the interference of the electric and magnetic dipole moment contributions.

$$\sigma = \frac{10\pi k^4 a^6}{3}$$

Some calculations

$$\frac{1}{2} \sum_{\lambda, \lambda_0} |\hat{\mathbf{E}}^* \cdot \hat{\mathbf{E}}_0|^2 = \frac{1}{2} (1 + \cos^2 \Theta)$$

$$\begin{aligned} \frac{1}{2} \sum_{\lambda, \lambda_0} (\hat{\mathbf{n}} \cdot \hat{\mathbf{E}}_0) (\hat{\mathbf{n}} \cdot \hat{\mathbf{E}}_0^*) (\hat{\mathbf{n}}_0 \cdot \hat{\mathbf{E}}^*) (\hat{\mathbf{n}}_0 \cdot \hat{\mathbf{E}}) \\ = \frac{1}{2} [1 - (\hat{\mathbf{n}}_0 \cdot \hat{\mathbf{n}})^2]^2 = \frac{1}{2} (1 - \cos^2 \Theta)^2 \end{aligned}$$

$$\begin{aligned} \sum_{\lambda, \lambda_0} \hat{\mathbf{E}}^* \cdot \hat{\mathbf{E}}_0 \hat{\mathbf{n}} \cdot \hat{\mathbf{E}}_0^* \hat{\mathbf{n}}_0 \cdot \hat{\mathbf{E}} &= [\delta_{ij} - n_i n_j] [\delta_{kl} - (n_0)_k (n_0)_l] \\ &\quad \times \delta_{ik} (n_0)_j n_l \\ &= \hat{\mathbf{n}}_0 \cdot \hat{\mathbf{n}} - \hat{\mathbf{n}}_0 \cdot \hat{\mathbf{n}} - \hat{\mathbf{n}}_0 \cdot \hat{\mathbf{n}} + (\hat{\mathbf{n}}_0 \cdot \hat{\mathbf{n}})^3 \\ &= \cos \Theta (\cos^2 \Theta - 1) = -\sin^2 \Theta \cos \Theta \end{aligned}$$

## Spherical wave expansion of a vector plane wave

We have already studied the solutions to

$$(\nabla^2 + k^2) \psi(\vec{r}) = 0$$

$$\psi(\vec{r}) = \sum_{l=0}^{\infty} \sum_{m=-l}^l f_{lm}(r) Y_{lm}(\theta, \phi)$$

$$f_{lm}(r) = a_{lm} j_l(kr) + b_{lm} n_l(kr)$$

Consider the fact that  $\psi(\vec{r}) = e^{i\vec{k}\cdot\vec{r}}$  is trivially a solution to this equation. Since  $e^{i\vec{k}\cdot\vec{r}}$  is non-singular at the origin,

$$e^{i\vec{k}\cdot\vec{r}} = \sum_{l=0}^{\infty} \sum_{m=-l}^l a_{lm} j_l(kr) Y_{lm}(\theta, \phi)$$

Without loss of generality, we choose  $\vec{k} = k\hat{z}$ . Then,

$$e^{ikz} = e^{ikr \cos \theta} = \sum_{l=0}^{\infty} a_l j_l(kr) P_l(\cos \theta)$$

Projecting out  $a_l j_l(kr)$  using  $\int_{-1}^1 P_l(\cos \theta) P_{l'}(\cos \theta) d\cos \theta = \frac{2}{2l+1} \delta_{ll'}$

we have

$$a_l j_l(kr) = \frac{2l+1}{2} \int_{-1}^1 e^{ikr w} P_l(w) dw \quad w = \cos \theta$$

One can prove that

$$j_l(z) = \frac{i^{-l}}{2} \int_{-1}^1 e^{izs} P_l(s) ds$$

Comparing these results implies that  $a_l = i^l (2l+1)$

But, we need not even prove this. Since the unknown is  $a_l$ , examine

$$a_l j_l(kr) = \frac{2l+1}{2} \int_{-1}^1 e^{ikr w} P_l(w) dw$$

This must be true for all  $kr$ . Thus it is true for  $kr \rightarrow \infty$ . In this limit we can use:

$$j_l(kr) \sim \frac{\sin(kr - \frac{l\pi}{2})}{kr}$$

Meanwhile, integrating by parts

$$\int_{-1}^1 e^{ikr w} P_l(w) dw = \frac{1}{ikr} e^{ikr w} P_l(w) \Big|_{-1}^1 - \frac{1}{ikr} \int_{-1}^1 e^{ikr w} P_l'(w) dw$$

The second term is  $O(\frac{1}{kr})$  as can be seen from further partial integration. Using  $P_l(1) = 1$  and  $P_l(-1) = e^{i\pi l}$ ,

$$\begin{aligned} \int_{-1}^1 e^{ikr w} P_l(w) dw &\sim \frac{1}{ikr} \left[ e^{ikr} - e^{i\pi l} e^{-ikr} \right] \\ &= \frac{e^{i\pi l/2}}{ikr} \left[ e^{i(kr - \frac{l\pi}{2})} - e^{-i(kr - \frac{l\pi}{2})} \right] \\ &= \frac{2i^l}{kr} \sin(kr - \frac{l\pi}{2}) \end{aligned}$$

Thus,

$$a_l = (2l+1) i^l$$



$$\vec{E}(\vec{r}') = \frac{E_0}{\sqrt{2}} \sum_{\ell m} \left[ a_{\pm}(\ell, m) j_{\ell}(kr) \vec{X}_{\ell m} + \frac{i}{k} b_{\pm}(\ell, m) \vec{\nabla} \times j_{\ell}(kr) \vec{X}_{\ell m} \right]$$

$$\vec{B}(\vec{r}') = \frac{E_0}{\sqrt{2}} \sum_{\ell m} \left[ -\frac{i}{k} a_{\pm}(\ell, m) \vec{\nabla} \times j_{\ell}(kr) \vec{X}_{\ell m} + b_{\pm}(\ell, m) j_{\ell}(kr) \vec{X}_{\ell m} \right]$$

where  $\vec{X}_{\ell m} = \frac{1}{\sqrt{\ell(\ell+1)}} \vec{L} Y_{\ell m}$

Since the plane wave is finite everywhere, only  $j_{\ell}(kr)$  appears since  $n_{\ell}(kr)$  diverges as  $r \rightarrow 0$ .

We need to project out the  $a_{\pm}$  and  $b_{\pm}$ . The relevant formulae are:

$$\int (f_{\ell}(r) \vec{X}_{\ell m'})^* \cdot (g_{\ell}(r) \vec{X}_{\ell m}) d\Omega = f_{\ell}^* g_{\ell} \delta_{\ell\ell'} \delta_{mm'}$$

$$\int (f_{\ell}(r) \vec{X}_{\ell m'})^* \cdot [\vec{\nabla} \times g_{\ell}(r) \vec{X}_{\ell m}] d\Omega = 0$$

Note: Use  $\vec{\nabla} = \hat{n} \frac{\partial}{\partial r} - \frac{i}{r} \hat{n} \times \vec{L}$

to prove the last result, where  $\vec{L} = -ir \hat{n} \times \vec{\nabla}$ , and  $\hat{n} = \frac{\vec{x}}{r}$ .

$$\frac{1}{k^2} \int [\vec{\nabla} \times f_{\ell}(r) \vec{X}_{\ell m'}]^* \cdot [\vec{\nabla} \times g_{\ell}(r) \vec{X}_{\ell m}] d\Omega$$

$$= \delta_{\ell\ell'} \delta_{mm'} \left[ f_{\ell}^* g_{\ell} + \frac{1}{k^2 r^2} \frac{\partial}{\partial r} \left[ r f_{\ell}^* \frac{\partial}{\partial r} (r g_{\ell}) \right] \right]$$

where  $f_{\ell}$  and  $g_{\ell}$  are any linear combination of spherical Bessel functions.

⦿ In addition, it is useful to note that:

$$\vec{\nabla} \times f_{\ell}(r) \vec{X}_{\ell m} = \frac{i \hat{n} \sqrt{\ell(\ell+1)}}{r} f_{\ell}(r) Y_{\ell m} + \frac{1}{r} \frac{\partial}{\partial r} [r f_{\ell}(r)] \hat{n} \times \vec{X}_{\ell m}$$

where  $\vec{x} = r \hat{n}$ .

The result is

$$\frac{E_0}{\sqrt{2}} a_{\pm}(l, m) j_l(kr) = \int \vec{X}_{em}^* \cdot \vec{E}(\vec{r}) d\Omega$$

$$\frac{E_0}{\sqrt{2}} b_{\pm}(l, m) j_l(kr) = \int \vec{X}_{em}^* \cdot \vec{B}(\vec{r}) d\Omega$$

Inserting  $\vec{E}(\vec{r}) = \frac{E_0}{\sqrt{2}} (\hat{E}_x \pm i\hat{E}_y) e^{ikz}$ ,

$$\vec{L} \cdot (\hat{E}_x \pm i\hat{E}_y) = L_{\pm} = L_{\mp}^*$$

So,

$$a_{\pm}(l, m) j_l(kr) = \frac{1}{\sqrt{l(l+1)}} \int [L_{\mp} Y_{lm}(\Omega)]^* e^{ikz} d\Omega$$

$$= \frac{\sqrt{(l \pm m)(l \mp m + 1)}}{\sqrt{l(l+1)}} \int Y_{e, m \mp 1}^*(\Omega) e^{-ikz} d\Omega$$

Insert  $e^{ikz} = \sum_{l=0}^{\infty} i^l \sqrt{4\pi(2l+1)} j_l(kr) Y_{e0}(\theta, 0)$

and use the orthogonality of the  $Y_{em}$ . The result:

$$a_{\pm}(l, m) = i^l \sqrt{4\pi(2l+1)} \delta_{m, \pm 1}$$

Likewise

$$b_{\pm}(l, m) = \mp i a_{\pm}(l, m)$$

We end up with

$$\vec{E}(\vec{r}) = \frac{E_0}{\sqrt{2}} \sum_{\ell=1}^{\infty} i^{\ell} \sqrt{4\pi(2\ell+1)} \left[ j_{\ell}(kr) \vec{X}_{\ell, \pm 1} \pm \frac{1}{k} \vec{\nabla} \times j_{\ell}(kr) \vec{X}_{\ell, \pm 1} \right]$$

$$\vec{B}(\vec{r}) = \frac{E_0}{\sqrt{2}} \sum_{\ell=1}^{\infty} i^{\ell} \sqrt{4\pi(2\ell+1)} \left[ -\frac{i}{k} \vec{\nabla} \times j_{\ell}(kr) \vec{X}_{\ell, \pm 1} \mp i j_{\ell}(kr) \vec{X}_{\ell, \pm 1} \right]$$

Note there is no  $\ell=0$  term, since  $L_{\mp} Y_{00} = 0$ .

Interpretation: For a circularly polarized wave, the  $m$  values of  $\pm 1$  correspond to  $\pm 1$  unit of angular momentum per photon parallel to the direction of propagation of the wave.

In particular,

$$(\hat{\epsilon}_x \pm i\hat{\epsilon}_y) e^{ikz} = \sum_{\ell=1}^{\infty} i^{\ell} \sqrt{4\pi(2\ell+1)} \left[ j_{\ell}(kr) \vec{X}_{\ell, \pm 1} \pm \frac{1}{k} \vec{\nabla} \times j_{\ell}(kr) \vec{X}_{\ell, \pm 1} \right]$$

which is expansion of a vector circularly polarized plane wave in terms of vector spherical harmonics.

Note:  $e^{ikz} = e^{ikr \cos \theta}$ . But there is  $\phi$  dependence in  $(\hat{\epsilon}_x \pm i\hat{\epsilon}_y)$  when expressed in terms of  $\hat{r}, \hat{\theta}, \hat{\phi}$ . Likewise  $\vec{X}_{\ell, \pm 1}$  depends on  $\theta, \phi$ .

$$\begin{aligned} \vec{\nabla} \times h_{\ell}^{(1)}(kr) \vec{X}_{\ell, \pm 1} &= \frac{i^{\ell} \sqrt{4\pi(2\ell+1)}}{r} h_{\ell}^{(1)}(kr) Y_{\ell m} + \frac{1}{r} \frac{\partial}{\partial r} [r h_{\ell}^{(1)}(kr)] \hat{n} \times \vec{X}_{\ell, \pm 1} \\ &= \left( \frac{\partial}{\partial r} h_{\ell}^{(1)}(kr) \right) \hat{n} \times \vec{X}_{\ell, \pm 1} + O\left(\frac{1}{r^2}\right) \\ &= \frac{i(-1)^{\ell+1}}{r} e^{ikr} \hat{n} \times \vec{X}_{\ell, \pm 1} + O\left(\frac{1}{r^2}\right) \end{aligned}$$

## Scattering of EM waves by a sphere

We have an EM wave incident along  $\hat{z}$ . The scattered wave consists of outgoing spherical waves. Thus, we write

$$\vec{E}(\vec{r}) = \vec{E}_{inc} + \vec{E}_{sc}$$

$$\vec{B}(\vec{r}) = \vec{B}_{inc} + \vec{B}_{sc}$$

where  $\vec{E}_{inc}$  and  $\vec{B}_{inc}$  have already been given. The scattered waves must be of the form:

$$\vec{E}_{sc} = \frac{1}{2} \frac{E_0}{\sqrt{2}} \sum_{l=1}^{\infty} i^l \sqrt{4\pi(2l+1)} \left[ \alpha_{\pm}(l) h_0^{(1)}(kr) \vec{X}_{e,\pm 1} \pm \frac{\beta_{\pm}(l)}{k} \vec{\nabla} \times h_0^{(1)}(kr) \vec{X}_{e,\pm 1} \right]$$

$$\vec{B}_{sc} = \frac{1}{2} \frac{E_0}{\sqrt{2}} \sum_{l=1}^{\infty} i^l \sqrt{4\pi(2l+1)} \left[ \frac{-i\alpha_{\pm}(l)}{k} \vec{\nabla} \times h_0^{(1)}(kr) \vec{X}_{e,\pm 1} \mp i\beta_{\pm}(l) h_0^{(1)}(kr) \vec{X}_{e,\pm 1} \right]$$

Under the assumption that the scattering center is spherically symmetric (so no sum over  $m$  and only  $m = \pm 1$  occurs\*). The factor of  $\frac{1}{2}$  is for convenience.

\* Spherical symmetry  $\Rightarrow$  angular momentum conservation  $\Rightarrow$  only  $m = \pm 1$  occurs.

In the asymptotic limit,

$$\vec{E}(\vec{r}) = \frac{1}{\sqrt{2}} \left[ (\hat{E}_x \pm i\hat{E}_y) e^{ikz} + \frac{e^{ikr}}{r} \vec{f}(\theta) \right] E_0$$

where  $\vec{f}(\theta)$  is called the vector scattering amplitude.

$$\text{Since } h_0^{(1)}(kr) \simeq (-i)^{l+1} \frac{e^{ikr}}{kr}$$

$$\frac{i\vec{\nabla} \times \left( \frac{e^{ikr}}{kr} \vec{X} \right)}{k} = \frac{i\vec{\nabla}}{k} \left( \frac{e^{ikr}}{kr} \right) \times \vec{X} + \frac{ie^{ikr}}{k^2 r} \vec{\nabla} \times \vec{X}$$

$$= -\frac{e^{ikr}}{kr} \hat{n} \times \vec{X} + o\left(\frac{1}{r^2}\right).$$

$$\hat{n} \equiv \frac{\vec{r}}{r}$$

Better: we formula for  $\vec{\nabla} \times f_0^{(1)}(r) \vec{X}_e$  given in Jackson 3rd ed. eq (10.60)

So, as  $r \rightarrow \infty$

$$\vec{E}_{sc} = \frac{e^{ikr}}{2ikr} \sum_{l=1}^{\infty} \sqrt{4\pi(2l+1)} \left[ \vec{X}_{l,\pm 1} \alpha_{\pm}(l) \pm i\hat{n} \times \vec{X}_{l,\pm 1} \beta_{\pm}(l) \right] \left( \frac{E_0}{\sqrt{2}} \right)$$

Thus

$$\vec{F}(\theta, \phi) = \frac{1}{2ik} \sum_{l=1}^{\infty} \sqrt{2\pi(2l+1)} \left[ \vec{X}_{l,\pm 1} \alpha_{\pm}(l) \pm i\hat{n} \times \vec{X}_{l,\pm 1} \beta_{\pm}(l) \right]$$

As usual, the power scattered is

$$P_{sc} = \frac{c}{8\pi} \operatorname{Re} \int (\vec{E}_{sc} \times \vec{B}_{sc}^*) \cdot \hat{n} r^2 d\Omega$$

As  $r \rightarrow \infty$ ,  $\vec{B}_{sc} = \hat{n} \times \vec{E}_{sc}$

Recall:  $\hat{n} \cdot \vec{L} = 0$  so that  $\hat{n} \cdot \vec{X}_{l,\pm 1} = 0$ .

check:

$$\vec{B}_{sc} = \frac{e^{ikr}}{2ikr} \sum_{l=1}^{\infty} \sqrt{4\pi(2l+1)} \left[ \alpha_{\pm}(l) \hat{n} \times \vec{X}_{l,\pm 1} \mp i\beta_{\pm}(l) \vec{X}_{l,\pm 1} \right] \left( \frac{E_0}{\sqrt{2}} \right)$$

$$\begin{aligned} (\vec{E}_{sc} \times \vec{B}_{sc}^*) \cdot \hat{n} &= [\vec{E}_{sc} \times (\hat{n} \times \vec{E}_{sc}^*)] \cdot \hat{n} \\ &= |\vec{E}_{sc}|^2 \end{aligned}$$

since  $\hat{n} \cdot \vec{E}_{sc} = 0$

$$P_{sc} = \frac{c}{8\pi} |\vec{E}_{sc}|^2 r^2 d\Omega$$

$$\vec{E}_{sc} = \frac{E_0}{r} \vec{F}(\theta, \phi)$$

Incident flux:

$$\frac{c}{8\pi} |\vec{E}_{inc}|^2 = \frac{c}{8\pi} |E_0|^2 \quad \text{if } \vec{E}_{inc} = (\hat{e}_x \pm i\hat{e}_y) e^{ikz} \frac{E_0}{\sqrt{2}}$$

$$\frac{d\sigma_{sc}}{d\Omega} = \frac{8\pi}{|E_0|^2 c} \frac{dP}{d\Omega} = \frac{1}{|E_0|^2} |\vec{E}_{sc}|^2 r^2 = |f(\theta, \phi)|^2$$

$$= \frac{\pi}{2k^2} \left| \sum_{\ell=1}^{\infty} (2\ell+1)^{1/2} [\alpha_{\pm(\ell)} \vec{X}_{\ell, \pm 1} \pm i\beta_{\pm(\ell)} \hat{n} \times \vec{X}_{\ell, \pm 1}] \right|^2$$

Integrating,

$$\sigma_{sc} = \frac{\pi}{2k^2} \sum_{\ell, \ell'} (2\ell+1)^{1/2} (2\ell'+1)^{1/2} \int d\Omega [\alpha_{\pm(\ell)} \alpha_{\pm(\ell')}^* \vec{X}_{\ell, \pm 1} \vec{X}_{\ell', \pm 1}^* + \dots]$$

Use:

$$\int \vec{X}_{\ell m'}^*(\Omega) \cdot \vec{X}_{\ell m}(\Omega) d\Omega = \delta_{\ell\ell'} \delta_{mm'}$$

$$\int \vec{X}_{\ell m'}^*(\Omega) \cdot [\hat{n} \times \vec{X}_{\ell m}] d\Omega = 0$$

$$(\hat{n} \times \vec{X}_{\ell m}) \cdot (\hat{n} \times \vec{X}_{\ell m'}^*) = \vec{X}_{\ell m} \cdot \vec{X}_{\ell m'}^* \quad \text{since } \hat{n} \cdot \vec{X}_{\ell m} = 0.$$

So we get

$$\sigma_{sc} = \frac{\pi}{2k^2} \sum_{\ell=0}^{\infty} (2\ell+1) [|\alpha_{\pm(\ell)}|^2 + |\beta_{\pm(\ell)}|^2]$$